



Fish Facts

Maryland Portion of Anacostia River

Information for:

- Pregnant women
- Women who may become pregnant
- Nursing mothers
- Children age 6 and younger

	Meals per month	
	Woman	Children
Sunfish	7	5
Brown Bullhead	5	4
Large and Smallmouth Bass	1	1
American Eel	1	1
Carp	Avoid	Avoid
Channel Catfish	Avoid	Avoid

How large is one serving?

Women:

8 ounces of fish (fillet) – about the size of 2 decks of cards

Children:

3 ounces of fish (fillet) – about the size of 1 deck of cards

Location of Anacostia River recommendations?


This advisory refers to the Maryland portion of the Anacostia River and its tributaries (between Rt. 193 and the Bladensburg Bridge on Rt. 1).

Find out more about...

Fish caught in Maryland waters:

Go to “<http://www.mde.state.md.us/Pages/Home.aspx>”

 Contact the Maryland Department of the Environment (410-537-3947)

 Contact the DC Fisheries and Wildlife Division (202-535-2600)



Martin O'Malley, *Governor*
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